Essence:

Sweet children, stay constantly happy and also make others happy. This is what it means to have mercy for everyone. The greatest act of charity is to show someone the path to God.

Ouestion:

Who are able to keep their heart constantly happy? What is the way to remain constantly

happy?

Answer:

Those who are clever in knowledge remain constantly happy. They understand and remember the drama in the form of a story. In order to remain constantly happy, follow Baba's shrimat. Consider yourself to be a soul and churn everything that Baba explains very

well. By churning the ocean of knowledge you will have a happy heart.

Om shanti. The spiritual Father is having a heart-to-heart conversation with His spiritual children. You souls understand that this one is your Father and that He also instructs you. A teacher's task is to teach. A guru's task is to show the destination. Children, you now understand where your destination is. In order to claim mukti and jeevanmukti it is essential to stay on the pilgrimage of remembrance. It is very easy to claim both. The cycle of eighty-four births continues to turn. You should remember that the cycle of your eighty-four births is now ending and that you are to return home. However, sinful souls can neither return to the land of mukti or the land of jeevanmukti. Churn the ocean of knowledge in this way. Those who churn in this way would experience attainment. They remain happy and also make others happy. You should have the mercy of showing this path to others. Children, you do understand that this age is the most auspicious confluence age. Some of you remember this but others are unable to do so; they keep forgetting. If you remember this, your degree of happiness rises. If you remember Baba in the form of the Father, the Teacher and the Guru, your degree of happiness rises. However, as you move along, you become confused. When you climb a mountain, you sometimes have to go up and sometimes go down; the same happens to the stage of you children. Some of you ascend very high, but then fall again; you fall even further down than where you were before. All the income that you had accumulated is lost, no matter how much you had donated and performed charity. That person would have been a charitable soul. After performing charity, if that soul then begins to commit sin, he loses all the charity that he had accumulated. The greatest act of charity is to remember Baba. Souls will become pure and charitable by having this remembrance. If, you fall under the influence of bad company, and you continue to make mistakes, you fall even lower than you were before. Your account will not remain in credit; it is cancelled. If you perform a sinful act everything you had accumulated is lost and you start to accumulate a large account of sin. You must look after your account. Baba says: You have lost your account of charity. If you now commit a sin, the result of that accumulates a hundred times and your loss would be even greater. Some sins are very light and other are very great. Lust is the greatest sin; anger takes second place and greed is less than that. Most of all, it is by being influenced by lust that you lose everything you had accumulated. Instead of remaining in profit you go into debt. There is a saying; "One who defames the Satguru can never reach the destination". What is the reason for leaving Baba after they belong to Him? Mostly they are hit by lust. Lust is the greatest enemy. The effigy they make and burn represents lust. They do not create an effigy of anger or greed. You have to conquer lust completely. You will then conquer the world. Devotees call out: We have become impure in the kingdom of Ravan. Come and purify us! Everyone sings: Oh Purifier, come! Oh Purifier, Rama of all Sitas, come! However, they don't understand the meaning of this. They do understand that Baba definitely comes in order to create the new world. However, because someone elongated the time period of the world they are in immense darkness. There is knowledge and there is ignorance. Devotion is ignorance because they do not know the One they worship. How would they be able to attain that One? This is why it is useless to give donations or perform charity. They may receive some return of that, but it is only for a temporary period. The happiness they receive is temporary, and is like the droppings of a crow. For all the rest of the time they have nothing but sorrow. Now, Baba says: Remember Me alone and all your sorrow will be removed. You have to see to what extent you stay in remembrance so that your old account is closed and you start to accumulate in your new account. Some of you accumulate nothing at all! Some don't accumulate anything at all. Everything depends on remembrance. How can sins be removed or cut away unless you have remembrance? You have been committing many sins over innumerable births. By telling Baba about the sins you have in your present birth, your sins of your many previous births will not be cut away. Only the burden of sins of your present birth will be lightened. You have to make a great deal of effort because you have a large account from so many births and that can only be settled with yoga. You should consider how much yoga you have, and whether you will be able to take birth at the beginning of the golden age. Those who make a lot of effort will take birth at the beginning of the golden age. They will not remain hidden. Not everyone will go to the golden age. Some will claim a status at the end. Even if they do come at the beginning, they might just be servants; this is a simple thing to understand. This is why you have to remember Baba a great deal. You understand that you have come here to become the masters of the new world. Those who stay in remembrance will definitely experience happiness. If you want to become a king you also have to create your subjects. Otherwise, how would you know that you are to become a king? Those who open centres, those who do service, are the ones who earn an income and accumulate a lot of profit; and they are the ones who receive a return. Some open three or four centres. Each of you receives a share from what you do. You come together to lift the roof of sorrow caused by Maya. Everyone gives a shoulder for this and so everyone receives a return. The more effort you make, the more you show this path to others, and the higher the status you claim, the greater the happiness you will experience. Your heart understands how many you have shown the path to and how many you have uplifted. This is the time to do everything. All of you are given food and drink, but some of you don't even do any service. Mama has done a great deal of service. She has experienced a great deal of benefit from the service she has done. You too should do a lot of service here. To stay in yoga is also service. You receive such deep directions! Many points will emerge and, day by day, you will continue to make progress. When new points emerge, those who remain on service catch them very easily. Nothing sits in the intellect of those who don't do service. How can you understand the form of the point? Anyone you ask how large the soul is, or where the home of the souls is, or at what time souls came, won't be able to tell you anything. People ask about the name, the form, the land and time period of God. When you ask them about souls they become confused. No one knows anything. Souls are such tiny points and they have their complete role within them. Here too, there are many who don't know about souls or the Supreme Soul. The sannyasis have simply renounced the vices and that too, is a wonder! Their religion is totally different from yours. This knowledge is for you. Baba explains: You were pure, but you have now become impure. You now have to become pure once again. You are the ones who go around the cycle of eighty-four births. No one else knows anything about these things. Knowledge is separate from devotion. Knowledge makes you ascend and devotion brings you down and so the contrast is like that of day and night. No matter how much human beings consider themselves to be authorities of the Vedas and scriptures, they understand nothing at all. You have now understood, but you are numberwise in understanding. It is because you forget Baba that your happiness disappears. You should be experiencing limitless happiness; you are receiving an inheritance from Baba! Baba gives you a vision. Though you may have a vision, if you don't follow shrimat, what would be the benefit of that? Everyone remembers the Father when they are unhappy. They refer to the Father as the Liberator, Rama, Prabhu, but who is He? They don't know. No one on the path of devotion says: Consider yourself to be a soul and remember Baba. Absolutely not! If they had said it, then it would have continued since the beginning of time. Worshipping has continued but there is a huge variety of worship whereas knowledge is one. People think that they will meet God by worshipping Him but they don't know when or how. When does worship begin? Who worships the most? No one knows any of this. Will people continue to do worshipping for forty thousand years? On the one hand, people are doing worshipping and on the other hand, you are receiving knowledge. You have to beat your head so hard with human beings. You hold exhibitions but still only a handful out of multimillions emerge. How many do you make like yourself? How many are true Brahmins? You cannot calculate all of this at this time. There are many false children as well. Brahmin priests relate spiritual stories. Baba tells you the story of the Gita and you then tell it to others. As is Baba, so are the

children. Children, your task is also to speak the true Gita. Everyone has scriptures. In fact, all the scriptures etc. belong to the path of worship but there is only the one book, the Gita, that belongs to knowledge. The Gita is the mother and father. Baba comes and grants salvation to all. Human beings defame such a Father! The birth of Shiv Baba is as valuable as a diamond. God is the Highest on High, the Bestower of Salvation for All. How can you sing praise of others? Praise is sung of the deities. Only the one Baba creates the deities. Our construction and destruction takes place at the same time. Many of you are unable to explain to others. Therefore, you should do physical service. In the military, everybody does some sort of service. It has also been said that those who do not study will carry the burden of those who do study. Learn from all that Mama and Baba do. You can also understand who the special children are. If you ask Baba, Baba would tell you to follow so-and-so. What would those who are not serviceable teach others? They simply waste other people's time. Baba explains: If you want to progress you can do so here. The pictures of how you have taken eighty-four births are kept here. Now that you understand these pictures you must explain them to others. It is very easy. This is what you are becoming. Yesterday, you were worshipping them but you don't do that today because you have now received knowledge. Many will come and take knowledge in this way. The more you surround places with centres, the more people will come and understand. By listening to this their degree of happiness will rise. You have to change from an ordinary human into Narayan. This is also the true story of becoming true Narayan. By worshipping, you continued to fall. No one knows what knowledge is. The unlimited Father explains to you in an accurate way. Baba says: Yesterday, I gave you the kingdom. Where has your kingdom gone now? You understand that this is a play. Only the one Baba explains the significance of the whole play. You say: Baba, You are bound by the drama and You have to come. You have to come into the impure world, into an impure body. People praise God a great deal, whereas you say: We called out to You and so You had to come. You have to come to serve us and change us from impure to pure. Cycle after cycle, Baba makes you into deities and then returns home. It is as though this is a story. This is like a story for those who are clever. You children should remain very happy, because according to the drama, Baba has become your Servant. Baba says: Follow My directions! Consider yourself to be a soul. Shed your body consciousness. You will receive a new body in the new world. Churn very well everything that Baba explains. Your intellect understands what you have come here to become. Your aim and objective is in front of you. God speaks! Those people consider human beings to be God or they even say that He is incorporeal. You souls are all incorporeal. You adopt a body to play your part. Baba also plays His part. Those who serve well have the faith that they will definitely become a bead of the rosary. You have to change from an ordinary human into Narayan. If you fail you automatically become Rama or Sita. God is teaching you and so you should study very well, however Maya opposes you a great deal. Maya creates many storms. Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and good morning from the Mother, the Father BapDada. The spiritual Father says namaste to the spiritual children.

Essence for Dharna:

- 1. By churning the ocean of knowledge you will experience limitless happiness. Have the mercy of showing this path to others. Don't become coloured by bad company and perform any sinful acts.
- 2. Come together and give your shoulder to lift the sorrow of Maya. Open centres and become instruments to bring benefit to many.
- Blessing: May you be a victorious jewel who chases Maya away and has your apron filled with God's blessings.

Know the importance of the confluence age and continue to accumulate blessings from God at every second. If your aprons are always full of blessings from God, then Maya will run away from a distance. No matter how fearsome an animal may be, when you have light, that animal will not come close to you. Similarly, when you have the light of all powers,

Madhuban Maya cannot come close to you. You are not those who battle with Maya, but the victorious

jewels who conquer Maya by constantly keeping the Father's company and receiving His blessings.

You are the Shiv Shakti Pandav Army who attain victory over any temptation. Slogan:

OM SHANTI